



WEST OXFORDSHIRE  
DISTRICT COUNCIL

# Covid-19 Sources of Support

For more information on support available locally contact us

T: 01993 861077

E: [community.support@westoxon.gov.uk](mailto:community.support@westoxon.gov.uk)

W: [www.westoxon.gov.uk/coronavirus](http://www.westoxon.gov.uk/coronavirus)

## Food provision in Chipping Norton

### Mary's Meals

Mary's Meals (providing frozen food) is partnering with the Chippy Larder (providing fresh fruit/veg and non-perishable goods from SOFEA) to distribute food to anyone in need during this crisis. The parcels will be delivered to your doorstep on the following Friday.

T: 01608 646202 to request meals

### The Baptist Church Food Bank Collection

Normally you need to be referred to the Foodbank, but this has been dispensed with during the Covid-19 crisis.

Collections are available from the Baptist Church, New Street, Chipping Norton on Mondays 10 -11.30am

[www.northoxfordshirecommunityfoodbank.org.uk](http://www.northoxfordshirecommunityfoodbank.org.uk)

### The Chippy Larder

Obtains and re-distributes surplus food from SOFEA, in partnership with FareShare, providing weekly boxes of non-perishable items and fresh fruit & veg, which are free during the Covid-19 lockdown.

Boxes can be collected from Chipping Norton Leisure Centre on Fridays (3-4:30pm) or deliveries can be requested

E: [thechippylarder@gmail.com](mailto:thechippylarder@gmail.com)

## Discretionary Housing Payments (DHP)

If you need assistance with your rent and you currently receive either payments of Housing Benefit or your Universal Credit award includes a housing element, you can apply for additional assistance. Download the application form at [www.westoxon.gov.uk/council-tax-and-benefits/housing-benefits-and-universal-credit/discretionary-housing-payments](http://www.westoxon.gov.uk/council-tax-and-benefits/housing-benefits-and-universal-credit/discretionary-housing-payments) or phone 01993 861030.

## Help with Rent

If you require assistance to pay rent, you will likely need to claim Universal Credit, which can be done at [www.gov.uk/apply-universal-credit](http://www.gov.uk/apply-universal-credit). However, you may be entitled to claim Housing Benefit instead. Check if you are eligible at [www.gov.uk/housing-benefit](http://www.gov.uk/housing-benefit)

## Help with Council Tax

If you are liable to pay Council Tax, you may be able to claim Council Tax Support to assist you in paying the bill. Visit [www.westoxon.gov.uk/council-tax-and-benefits/council-tax-support](http://www.westoxon.gov.uk/council-tax-and-benefits/council-tax-support) or call 01993 861030.



Online and phone wellbeing advice and information. Options sessions and ongoing telephone support available...

T: 01865 247788

E: [info@oxfordshiremind.org.uk](mailto:info@oxfordshiremind.org.uk)

W: [www.oxfordshiremind.org.uk](http://www.oxfordshiremind.org.uk)



Guideposts  
Here for You

Offer free advice and support over the phone or via webchat. Lines open Monday to Friday 9-5pm

T: 0300 222 5709

E: [hereinfo@guideposts.org.uk](mailto:hereinfo@guideposts.org.uk)

W: [www.herefirst.org.uk](http://www.herefirst.org.uk)



**Oxford Health**  
NHS Foundation Trust

A 24/7 mental health helpline has been launched to take pressure off ILL. The line will help get the right mental health advice for people of all ages including children and older adults

T: 01865 904 997 (adults)

T: 01865 904 998 (children and young people)

ARE YOU OK?  
DO YOU FEEL SAFE?  
DO YOU NEED HELP?

The additional stresses from Coronavirus will put pressure on lots of relationships. Domestic abuse is likely to get worse.

If you're at immediate risk, call 999 (if it's not safe to speak use the Silent Solution by pressing 55 when prompted).

Oxfordshire Domestic Abuse Services offers free services to anybody aged 16+ experiencing domestic abuse. Their Oxfordshire Domestic Abuse Helpline is still open and available.

Monday to Friday 10am - 7pm

T: 0800 731 0055

E: [das@a2dominion.co.uk](mailto:das@a2dominion.co.uk)

\* Alternatively, you can call the 24-hour National Domestic Abuse Helpline

T: 0808 2000 247.



Citizens Advice have converted their face-to-face advice to helping more people over the phone and added a new email advice service.

T: 0300 330 9049

E: [info@citizensadvicewestoxon.org.uk](mailto:info@citizensadvicewestoxon.org.uk)

W: [www.citizensadvice.org.uk/coronavirus](http://www.citizensadvice.org.uk/coronavirus)



Offers advice and assistance to people with a friendly, weekly call to see how you are and to problem-solve any practical problems. Leave your name and number and someone will call back as soon as possible (Monday to Friday).

T: 01865 411 288



If you have a diagnosis of dementia, or are a carer or relative of someone who has, DementiaUK can provide advice and support. Support line open Monday to Friday 9am - 6pm

T: 01865 410 210

E: [info@dementiaoxfordshire.org.uk](mailto:info@dementiaoxfordshire.org.uk)

W: [www.dementiauk.org](http://www.dementiauk.org)